



BOOKS

GRAN'S KITCHEN
By Natalie Oldfield and
Dulcie May Booker;
Hardie Grant Books, \$45

"The importance of jam and cream in bonding a community should not be underestimated." Such is the wisdom of Dulcie May Booker, 95, whose notes and recipes form the basis of this book. A New Zealander, Booker started cooking as a child and, from 18, was a member of the Weymouth Country



Women's Institute, which heard experts speak on cooking. This collection of her lifetime in the kitchen is compiled by her granddaughter, caterer Natalie Oldfield. Classics such as lamb's fry and bacon, mint jelly and neenish tarts feature. This is a nostalgic glimpse into how regional food feeds and forms families and forges friendships.

Helen Pitt